Idling means leaving a vehicle’s engine running when it is parked or not in use.

Idling happens while...
✓ waiting to pick someone up from school, sports practice, camp, or the library
✓ running errands
✓ sitting at a drive-through or car wash

Many people idle their cars because they think that turning the car off frequently harms the engine. That is a myth. Idling is harmful to our air quality and our health.

As part of the Idle Free Tri-Valley effort
Make a pledge to:

Turn off the car’s engine if you’ll be waiting more than 30 seconds and help us all breathe easier.
Turn the Key
BE IDLE FREE

Top Reasons to be *Idle Free*:

- **Breathe easier**
  Inhaling pollutants from car exhaust can aggravate asthma, cause coughing or difficulty breathing and decrease lung function.

- **Reduce your carbon footprint**
  Save up to 1,500 pounds of greenhouse gases per year.

- **Save money**
  Idling wastes about $1 in gas every day - 30 seconds of idling uses more fuel than restarting the engine.

- **Keep the sky blue**
  An idling car contributes to smog. Car exhaust is the #1 source of air pollution in the Bay Area.

Learn more about Idle Free Tri-Valley and take the Idle Free pledge at: www.IdleFreeTriValley.org